

One-Day Lomilomi Workshop

Focus: Neck, Shoulders and Jaw
For LMTs and LEs

November 21, 2024
Kapahulu, O'ahu
10 am - 4 pm



Misalignment creates tension as the muscles and bones are compromised. Learn lomilomi techniques to loosen muscles and assist the bones to realign.

You, the practitioner, hold the space for releasing emotions connected to body aches and pain. This assist in the physical release as well.

This is a one-day opportunity for licensed massage therapists and estheticians. Your clients will appreciate the subtle but powerful lomilomi techniques.

"Amazing is an understatement. I have taken multiple classes with Kumu LiAnn and every time I feel reborn. Reborn in a way that I can come back to my roots of being a native Hawaiian wahine. She always brings out your inner healer and awaken your natural abilities. She teaches like no other and you can feel she loves what she is born to do. Mahalo Kumu LiAnn, much blessings and Aloha!!!"

Nalani Ranis, Workshop/Class Student

AT A GLANCE

Lomilomi looks easy through the naked eye, however there are multiple dynamics happening in multiple dimensions during a healing session.

Therapists learn and grow within the teachings of lomilomi. You create a mana (power within) that is respected and received with pono for both practitioner and client during each session.

Lomilomi has been my passion for 30 years. For me it is the most complete massage modality. I look forward to sharing this knowledge with you.

LiAnn Lilinoe Uyeda, Kumu & Author

Register with LiAnn

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Investment: \$160